

For Immediate Release

GRETCHEN SEIFERT In Abstraction Solo Show Opens

Canal Street Art Gallery presents: GRETCHEN SEIFERT In Abstraction open March 3rd, on view to the public through April 3rd. This is the first show in Canal Street Art Gallery's new Spring lineup of Solo Shows, and the Bellows Falls Vermont gallery's 2021 Season of sharing local artists and artwork!

"I see abstraction as an opportunity to be curious and to discover. There is an important imaginal quality, a dreamlike exploration that occurs. Abstraction has always, for me, been a doorway into the complex of individual-ness, or, how we relate personally to our unconscious. Not what is in thought, but what is embodied; felt." -Gretchen Seifert.

Canal Street Art Gallery is honored to introduce the artwork of Gretchen Seifert, a visual artist and musician who has recently relocated to Brattleboro, Vermont. Please welcome this accomplished and prolific artist to our community. GRETCHEN SEIFERT In Abstraction, is, for the first-time, an exclusive glimpse into nearly three decades of art making by a solo artist, Gretchen Seifert. This retrospective exhibits artwork by Seifert including silver gelatin prints of the artist's photographs, multimedia works on paper, paintings, and drawings.

Gretchen Seifert's artwork is created by the artist to heal trauma through visually representing the relationships between sensations, feelings, and memory. Using her training as a classical musician, Seifert is inspired by experimental music to create her mainly abstract visual work. In many ways Seifert's journey begins with using art as a way to interact with the world. A camera enabled the artist to find the moment to release the shutter showing visually how Seifert experiences life. Gretchen Seifert has degrees from Boston University and Northwestern University in cello performance. She worked as a musician until the birth of her first child at which time she was given a camera which jump-started her love affair with visual art. Seifert then continued working as a professional photographer, and now works primarily in mixed media.

On the occasion of the opening day for the GRETCHEN SEIFERT In Abstraction exhibit on Wednesday, March 3rd, all are welcome to visit the online Viewing Room to learn more about the artist's inspiration, process, and practice. Go to <http://canalstreetartgallery.com> to visit CSAG's online Viewing Rooms and watch the Gretchen Seifert Meet the Artist Narrated Tour of the show!

Save the Date for 3rd Friday Gallery Night LIVE with the Artist on March 19th on Facebook at 6PM. To watch anytime and for those not signed up on Facebook, all 3rd Friday Gallery Night LIVE events are published to the CSAG website following the live broadcast.

Now celebrating their 4th year, the Canal Street Art Gallery continues sharing and appreciating new art while helping to support the artists who create it. The CSAG is excited to meet the promotional needs and online commerce demands of the artistic community with its announcement of expanding programming in 2021 to present twelve exhibitions!

Expanding its mission to include Art During Covid, Canal Street Art Gallery meets the new year with passion and excitement to continue celebrating art here in Bellows Falls, Vermont. Including a greatly expanded online presence, with initiatives such as 3rd Friday Gallery Night LIVE and Online Viewing Rooms, e-commerce development and calculated shipping on both its website and Facebook shop, CSAG invites you to stay home and appreciate art, learn about artists, explore, and shop! Go to <http://canalstreetartgallery.com> or its Facebook Shop @canalstreetartgallery and browse over 500 Original Artworks from Local Artists with many works offered for under \$100 including Buy Now secure payment options for curbside or in-gallery pickup at no charge, and fast shipping options to your door.

Canal Street Art Gallery is located at 23 Canal Street in the Historic Downtown Village of Bellows Falls, Vermont, and is open Wednesday to Saturday from 11:00am to 5:00pm. Explore the GRETCHEN SEIFERT In Abstraction show in person Wed~Sat 11-5: parties of 2 at a time, please. For more information about the GRETCHEN SEIFERT In Abstraction show, or Canal Street Art Gallery go to canalstreetartgallery.com online, call Mike or Emmett by phone at 802-289-0104, or send emails to artinfo@canalstreetartgallery.com.